

General Practice Extended Care Team Practitioners

Working with your high need clients



Wendy Chrisp
Exercise Consultant

Wendy supports GP's and practice nurses recommending, designing and delivering a variety of exercise options for long-term condition patients.



Katie Harris
Dietitian

Katie works together with patients to come up with realistic and achievable lifestyle changes to improve their nutritional health.



Savannah Purcell
Exercise Consultant

Savannah is our new exercise physiologist who works part time to support the team with its increasing demand for exercise support.



Shayna Rameka
Community Support Worker

Shayna works with high-needs patients with a specific focus on Maori, Pacific Island and others at risk. Shayna acts as a link between patients and their whanau to the practice, the community and other service providers.



Shane Rakei
Peer Support Worker

Shane links people living with a chronic condition such as diabetes and/or other long-term conditions with peers who are able to share similar knowledge and experiences.



Connie Mahu
Social Worker

Connie works with clients in the home or at clinics as required. Her service provides advocacy and inter-agency service coordination.



Nicola Rowbottom
Clinical Pharmacist

Nicola provides case-based management for high care needs patients and provides access to a higher level of Pharmaceutical support.



Hannah Milner
Community Child Health Nurse

This team supports general practice to meet their immunisation and B4S targets with particular attention to Maori and high-needs children.



Kelly Reuben
Nurse Practitioner Intern

Our Nurse practitioner Intern manages patients with complex health needs in collaboration with the general practice team.

how to refer to our team

A single point of contact for all your referrals to the Extended care team is available via e-referral. We require the patients most recent weight, height, blood pressure and Hba1c and Lipids results if referring to our dietitian.

Fortnightly interdisciplinary team meetings are held with your LTC lead practice nurse to update health plans and discuss ongoing support